

5 km

Schüler B - 5KM

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|---------------------------|-----------------|----------|
| 1. 945 Schnabel, Marvin | 93 TV Mettingen | 24:45:00 |
| 2. 953 Grosskopff, Daniel | 93 TV Wolbeck | 26:07:00 |

Schülerinnen A - 5KM

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| | | |
|----------------------|------------------------------|----------|
| 1. 949 Auffahrt, Eva | 90 Radsportverein Bergeslust | 25:42:00 |
| 2. 950 Kramer, Hanna | 90 Münster | 28:00:00 |

Schüler A - 5KM

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| | | |
|---------------------------|---------------------------|----------|
| 1. 956 Terhorst, Henrik | 91 Tus Recke | 24:51:00 |
| 2. 940 Tillner, Denis | 90 OKE Automotive Hörstel | 27:02:00 |
| 3. 919 Günzel, Dominik | 91 SV Dickenberg | 28:48:00 |
| 4. 920 Wiethölter, Fabian | 91 SV Dickenberg | 28:49:00 |
| 5. 957 Wölte, Robert | 91 Tus Recke | 31:10:27 |

männliche Jugend B - 5KM

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| 1. 944 Vonstein, Felix | 88 TV Mettingen | 20:50:00 |
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männliche Jugend A - 5KM

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|-------------------------|---------------------------|----------|
| 1. 916 Borgmann, Oliver | 86 ESV Münster | 18:03:00 |
| 2. 931 Bartel, Viktor | 87 OKE Automotive Hörstel | 30:06:00 |

Frauen - 5KM

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|------------------------|----------------------|----------|
| 1. 952 Wessling, Jutta | 82 TriRun Ibbenbüren | 23:13:00 |
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Männer - 5KM

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|------------------------|---------------------------|----------|
| 1. 951 Hilbe, Pascal | 83 ESV Münster | 17:07:00 |
| 2. 928 Gebert, Jörg | 80 OKE Automotive Hörstel | 24:03:00 |
| 3. 924 Heeke, Thomas | 83 OKE Automotive Hörstel | 25:36:00 |
| 4. 938 Riechel, Timo | 84 OKE Automotive Hörstel | 30:07:00 |
| 5. 935 Walter, Stephan | 76 OKE Automotive Hörstel | 31:12:10 |

Seniorinnen W30 - 5KM

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|-----------------------------|----------------|----------|
| 1. 918 Aulkemeyer, Brigitta | 71 Jamoda-Team | 31:11:17 |
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Senioren M30 - 5KM

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|------------------------|---------------------------|----------|
| 1. 936 Neuhaus, Markus | 75 OKE Automotive Hörstel | 29:56:00 |
| 2. 937 Krampe, Andreas | 74 OKE Automotive Hörstel | 52:50:00 |

Seniorinnen W35 - 5KM

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| | | |
|-----------------------------|---------------------------|----------|
| 1. 932 Brockschmidt, Marion | 68 OKE Automotive Hörstel | 31:13:00 |
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Senioren M35 - 5KM

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| 1. 941 Hagemann, Klaus | 66 ohne | 31:11:00 |
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Seniorinnen W40 - 5KM

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|---------------------------------|---------------------------|----------|
| 1. 946 Hillebrand-Raves, Marion | 62 LG Ratio Münster | 22:19:00 |
| 2. 927 Tillner, Sabine | 63 OKE Automotive Hörstel | 27:15:00 |

Senioren M40 - 5KM

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|------------------------|----------|----------|
| 1. 943 Schwaer, Thomas | 63 Recke | 28:03:00 |
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Senioren M45 - 5KM

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| 1. 934 Rubik, Czeslaw | 59 OKE Automotive Hörstel | 30:57:00 |
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Seniorinnen W50 - 5KM

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|--------------------------|-------------------------|----------|
| 1. 955 Rieskamp, Irmgard | 54 Grün-Weiss Steinbeck | 27:45:00 |
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Senioren M50 - 5KM

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| | | |
|-------------------------|-------------------|----------|
| 1. 922 Wilp, Edmund | 53 LG Emsdetten | 22:01:00 |
| 2. 954 Kulhmann, Dieter | 52 TF G.M. Huette | 26:44:00 |

Senioren M70 - 5KM

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|---------------------|----------------|----------|
| 1. 917 Evers, Heinz | 34 ESV Münster | 25:22:00 |
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10 km

Schüler A - 10km

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|-------------------------|---------------------------|----------|
| 1. 411 Stöttner, Moritz | 90 DJK Arminia Ibbenbüren | 00:45:39 |
| 2. 367 Schulte, Andre | 90 Gasschutzwehr | 00:53:04 |

männliche Jugend B - 10km

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| | | |
|-----------------------|--------------------------|----------|
| 1. 332 Lau, Christian | 88 RSC Rheine | 00:40:03 |
| 2. 334 Rollert, Arne | 88 RSC Rheine | 00:45:50 |
| 3. 383 Püschel, Kevin | 89 Heseper Rennschnecken | 00:50:14 |

männliche Jugend A - 10km

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| 1. 335 Gatto, Arnold | 87 RSC Rheine | 00:44:14 |
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Frauen - 10km

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| 1. 399 Ungruh, Marita | 79 HopLa Hopsten | 01:02:15 |
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Männer - 10km

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| | | |
|---------------------------|------------------------------|----------|
| 1. 385 Witte, Daniel | 83 VFL Kloster Oesede | 00:40:45 |
| 2. 376 Müller, Marcel | 82 OKE Automotive Hörstel | 00:43:01 |
| 3. 432 Bendiek, Bernd | 76 Recke | 00:47:57 |
| 4. 395 Rutmöller, Michael | 81 OSC | 00:49:47 |
| 5. 402 Rogge, Kevin | 80 Radsportverein Bergeslust | 00:50:37 |

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|--------------------------|-------------------|----------|
| 6. 326 Greiwe, Simone | 78 SV Dickenberg | 00:58:04 |
| 7. 325 Greiwe, Stephanie | 76 SV Dickenberg | 00:58:26 |
| 8. 338 Fidler, Peter | 78 Fidler Hopsten | 00:58:52 |

Seniorinnen W30 - 10km

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| | | |
|-----------------------|-------------------------|----------|
| 1. 422 Benson, Sabine | 72 Tri Finish Münster | 00:47:59 |
| 2. 340 Exler, Gaby | 71 TV Mesum 1950 e.V. | 00:48:08 |
| 3. 329 Beck, Heike | 74 Marathon Ibbenbüren | 00:53:31 |
| 4. 437 Lubinski, Anke | 73 Grün-Weiss Steinbeck | 01:04:26 |

Senioren M30 - 10km

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| | | |
|--------------------------------|------------------------------|----------|
| 1. 390 Möller, Björn | 75 TV Mettingen | 00:35:14 |
| 2. 435 Bien, Jochen | 72 SC Hörstel | 00:43:10 |
| 3. 386 Sperfeld, Maximilian | 71 VFL Kloster Oesede | 00:43:44 |
| 4. 382 Rischmann, Oliver | 71 Tennisabteilung | 00:44:45 |
| 5. 401 Westphal, Markus | 72 Radsportverein Bergeslust | 00:47:00 |
| 6. 349 Büscher, Dirk | 72 Grubenwehr | 00:47:03 |
| 7. 337 Fidler, Johannes | 73 Fidler Hopsten | 00:47:14 |
| 8. 377 Tonn, Carsten | 71 OKE Automotive Hörstel | 00:48:12 |
| 9. 429 Schäubte, Christoph | 72 SV Teuto Riesenbeck | 00:51:51 |
| 10. 317 Bachmann, Jens | 71 Heseper Rennschnecken | 00:52:55 |
| 11. 359 Egberts, Rainer | 71 Gasschutzwehr | 00:53:05 |
| 12. 445 Hoffmann, Rainer | 72 Emsdetten | 00:57:56 |
| 13. 372 Draganidis, Konstantin | 72 OKE Automotive Hörstel | 01:01:45 |

Seniorinnen W35 - 10km

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| | | |
|-------------------------|--------------------------|----------|
| 1. 310 Wiemer, Stefanie | 68 Sportfreunde Lotte | 00:47:28 |
| 2. 319 Fels, Anja | 70 Heseper Rennschnecken | 00:56:35 |
| 3. 381 Büscher, Birgit | 70 Mettingen | 00:59:35 |

Senioren M35 - 10km

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| | | |
|----------------------------------|------------------------------|----------|
| 1. 446 Hoppe, Bernd | 67 LV Oelde | 00:36:26 |
| 2. 431 Bendiek, Magnus | 67 Recke | 00:37:52 |
| 3. 341 Exler, Thomas | 66 TV Mesum 1950 e.V. | 00:37:59 |
| 4. 345 Menger, Peter | 69 Tri Ra La Kolping Püßelbü | 00:38:29 |
| 5. 440 Kemper, Martin | 69 LG Emsdetten | 00:38:30 |
| 6. 414 Trautmann, Johannes | 66 SV Teuto Riesenbeck | 00:39:37 |
| 7. 313 Wilke, Ulrich | 68 SC Spelle-Venhaus | 00:41:40 |
| 8. 344 Kümper, Uwe | 68 Tri Ra La Kolping Püßelbü | 00:41:47 |
| 9. 353 Stöttner, Max | 69 Grubenwehr | 00:43:11 |
| 10. 428 Wargers, Martin | 67 FC Stella Bevergern | 00:43:17 |
| 11. 421 Benson, Michael | 66 Tri Finish Münster | 00:43:27 |
| 12. 434 Töns, Norbert | 69 Hopsten | 00:44:05 |
| 13. 436 Bünker, Guido | 68 LG Emsdetten | 00:44:13 |
| 14. 423 Schlichtermann, Bernharc | 66 Ibbenbüren | 00:45:18 |
| 15. 351 Kuhlmann, Martin | 66 Grubenwehr | 00:45:19 |
| 16. 352 Neuhaus, Detlef | 69 Grubenwehr | 00:45:24 |
| 17. 347 Beck, Uwe | 70 Grubenwehr | 00:47:25 |
| 18. 311 Aulkemeyer, Jochen | 66 Jamoda-Team | 00:47:31 |
| 19. 358 Helmich, Andre | 68 Gasschutzwehr | 00:47:49 |
| 20. 354 Börgel, Ralf | 68 Grubenwehr | 00:47:51 |
| 21. 441 Kammering, Jörg | 66 TV Mesum | 00:48:20 |

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| 22. 424 Moll, Thomas | 68 Sassenberg | 00:48:51 |
| 23. 370 Pietrowsky, Maik | 68 OKE Automotive Hörstel | 00:48:56 |
| 24. 433 Egbers, Stefan | 69 Steinbeck | 00:49:10 |
| 25. 425 Klima, Andreas | 70 Hörstel | 00:50:03 |
| 26. 343 Grees, Stephan | 69 Tri Ra La Kolping Püßelbü | 00:50:27 |
| 27. 398 Brockrath, Frank | 67 Marathon Ibbenbüren | 00:53:21 |
| 28. 350 Windoffer, Thomas | 69 Grubenwehr | 00:54:28 |
| 29. 380 Becke, Martin | 69 OKE Automotive Hörstel | 01:00:02 |
| 30. 379 Volbers, Guido | 69 OKE Automotive Hörstel | 01:00:03 |
| 31. 303 Münzel, Stefan | 67 Brotherhood-Stolpertruppe | 01:00:44 |
| 32. 342 Kammering, Petra | 65 TV Mesum 1950 e.V. | 00:48:18 |
| 33. 384 Mlynarek, Andrea | 65 SC Hörstel | 00:52:15 |
| 34. 306 Brüning, Barbara | 65 TV Mettingen | 00:59:30 |

Senioren M40 - 10km

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| | | |
|-----------------------------|------------------------------|----------|
| 1. 336 Maag, Theo | 64 Grün-Weiss Steinbeck | 00:38:24 |
| 2. 438 Schliephake, Michael | 61 TriRun Ibbenbüren | 00:40:43 |
| 3. 427 Schlesinger, Reiner | 62 FC Stella Bevergern | 00:41:03 |
| 4. 368 Rottmann, Rainer | 61 Marathon Ibbenbüren | 00:42:26 |
| 5. 444 Brinker, Uwe | 61 LL Nordhorn | 00:42:55 |
| 6. 323 Geppert, Michael | 63 SV Dickenberg | 00:43:09 |
| 7. 412 Sand, Martin | 63 Grün-Weiss Steinbeck | 00:44:38 |
| 8. 339 Sukatsch, Jörg | 62 DJK Arminia Ibbenbüren | 00:44:54 |
| 9. 355 Hatke, Bernhard | 65 Grubenwehr | 00:45:47 |
| 10. 396 Richter, Ralf | 62 Bochum | 00:46:29 |
| 11. 417 Schriever, Norbert | 63 DSK Betriebssport Laufen | 00:46:34 |
| 12. 430 Menger, Christian | 62 2run4fun | 00:47:55 |
| 13. 348 Ambrock, Arne | 62 Grubenwehr | 00:50:36 |
| 14. 442 Engelsberg, Hermann | 62 SW Esch | 00:52:13 |
| 15. 322 Wiethölter, Uwe | 62 SV Dickenberg | 00:53:12 |
| 16. 375 Sentkiewicz, Robert | 64 OKE Automotive Hörstel | 00:53:49 |
| 17. 363 Schulte, Werner | 62 Gasschutzwehr | 00:54:55 |
| 18. 409 Pruhs, Dieter | 63 Grün-Weiss Steinbeck | 00:55:03 |
| 19. 443 Grüter, Michael | 64 SV Teuto Riesenbeck | 00:55:13 |
| 20. 362 Schulte, Wolfgang | 62 Gasschutzwehr | 00:56:14 |
| 21. 307 Rauer, Udo | 62 TV Mettingen | 00:59:33 |
| 22. 408 Nospickel, Reinhard | 62 TV Mettingen | 00:59:34 |
| 23. 302 Münzel, Klaus | 63 Brotherhood-Stolpertruppe | 01:00:38 |

Seniorinnen W45 - 10km

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| | | |
|---------------------------|---------------------------|----------|
| 1. 448 Masch, Hedwig | 56 FC Stella Bevergern | 00:46:12 |
| 2. 418 Witt, Gisela | 60 SV Dickenberg | 00:50:12 |
| 3. 315 Haarkötter, Monika | 56 SC Spelle-Venhaus | 00:57:40 |
| 1. 369 Schmechel, Markus | 59 Muellheim/Baden | 00:39:27 |
| 2. 320 Bauer, Jochen | 59 BTC Herne | 00:42:33 |
| 3. 331 Exeler, Ralf | 60 RSC Rheine | 00:44:27 |
| 4. 305 Borgmann, Erich | 58 Lauf-Team Borghorst | 00:44:46 |
| 5. 327 Schütters, Manfred | 57 ohne | 00:45:12 |
| 6. 426 Leyk, Heinrich | 58 FC Stella Bevergern | 00:47:35 |
| 7. 388 Brönstrup, Detlef | 59 Ibbenbüren | 00:47:54 |
| 8. 378 Tillner, Thomas | 60 OKE Automotive Hörstel | 00:48:32 |
| 9. 364 Hohmann, Michael | 60 Gasschutzwehr | 00:48:45 |
| 10. 366 Ricke, Heiner | 60 Gasschutzwehr | 00:50:52 |

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| 11. 356 Neuhaus, Franz-Josef | 59 Gasschutzwehr | 00:53:05 |
| 12. 321 Günzel, Walter | 60 SV Dickenberg | 00:54:39 |
| 13. 420 Beckmann, Manfred | 59 Ibbenbüren | 00:55:23 |
| 14. 403 Steinfort, Ewald | 58 ohne | 00:56:47 |
| 15. 447 Maag, Thomas | 60 Ibbenbüren | 00:56:56 |

Senioren M50 - 10km

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|---------------------------|---------------------------|----------|
| 1. 419 Schröder, Reinhard | 52 LSF Münster | 00:40:04 |
| 2. 415 Schomaker, Josef | 54 SV Dickenberg | 00:44:51 |
| 3. 330 Wiebrock, Claus | 53 TV Georgsmarienhütte | 00:46:57 |
| 4. 387 Rückfort, Günter | 55 Ibbenbüren | 00:47:11 |
| 5. 308 Stentrup, Johannes | 54 Lauffreunde LSS | 00:49:48 |
| 6. 304 Leugers, Reinhard | 51 Lauffreunde LSS | 00:50:19 |
| 7. 314 Roter, Joachim | 55 SC Spelle-Venhaus | 00:52:47 |
| 8. 374 Gerlach, Horst | 54 OKE Automotive Hörstel | 00:57:39 |

Seniorinnen W55 - 10km

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| 1. 392 Mitra, Inge | 49 Osnabrücker TB | 01:02:37 |
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Senioren M55 - 10km

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|--------------------------------|--------------------------|----------|
| 1. 416 Kaldewei, Christoph | 48 TuS Westfalia Vorhelm | 00:46:04 |
| 2. 316 Haarkötter, Hans-Werner | 50 SC Spelle-Venhaus | 00:57:49 |
| 3. 407 Bindich, Hans | 50 TV Mettingen | 00:59:27 |
| 4. 318 Bachmann, Ingo | 50 Heseper Rennschnecken | 01:10:12 |

Senioren M60 - 10km

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| | | |
|---------------------|--------------------------|----------|
| 1. 312 Beck, Werner | 41 LG Fichtenvenn Rheine | 00:48:16 |
| 2. 391 Mitra, Borum | 41 Osnabrücker TB | 00:55:20 |

Seniorinnen W65 - 10km

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| | | |
|-------------------------|------------------------|----------|
| 1. 400 Oelgeklaus, Ulla | 38 SV Teuto Riesenbeck | 00:55:42 |
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Senioren M65 - 10km

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|-------------------------|-------------------------|----------|
| 1. 410 Haida, Werner | 40 TSVE-Bielefeld | 00:47:02 |
| 2. 439 Ortmeier, Günter | 40 LG Emsdetten | 00:49:19 |
| 3. 413 Krause, Gerd | 37 SC SV Spelle Venhaus | 00:54:58 |
| 4. 393 Kuper, Klaus | 39 TSV Osnabürck | 00:59:29 |

Senioren M70 - 10km

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|-------------------------|------------------------|----------|
| 1. 397 Bergfeld, Helmut | 33 Marathon Ibbenbüren | 00:58:10 |
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Halbmarathon

Frauen - Halbmarathon

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| | | |
|-----------------------|------------------------|----------|
| 1. 8 Czeranski, Nina | 82 Tri Finish Münster | 01:55:49 |
| 2. 81 Bachmajer, Vera | 77 SV Teuto Riesenbeck | 02:11:43 |

Männer - Halbmarathon

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| | | | |
|-----|-------------------------|---------------------------|----------|
| 1. | 171 Windhoffer, Patrick | 80 OKE Automotive Hörstel | 01:16:24 |
| 2. | 127 Schnieders, Markus | 76 SV Dickenberg | 01:29:11 |
| 3. | 142 Suttmöller, Stefan | 83 VfR Voxtrup | 01:30:23 |
| 4. | 104 Sterthaus, Jens | 85 LG Fichtenvenn Rheine | 01:34:01 |
| 5. | 96 Mertens, Rainer | 76 TuS Bersenbrück | 01:36:30 |
| 6. | 163 Schmedt, Christian | 77 HopLa Hopsten | 01:43:26 |
| 7. | 168 Stockmann, Ralf | 77 SV Teuto Riesenbeck | 01:49:30 |
| 8. | 7 Beusker, Johannes | 80 GW Gelmer | 01:55:48 |
| 9. | 203 Schönfelder, Daniel | 80 ohne | 02:14:31 |
| 10. | 202 Hovestadt, Nico | 80 ohne | 02:17:14 |

Seniorinnen W30 - Halbmarathon

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| 1. | 2 Santel, Angelika | 73 Tus Recke | 01:43:48 |
| 2. | 145 Meyer, Silke | 74 Hünxe | 01:55:00 |

Senioren M30 - Halbmarathon

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| | | | |
|-----|----------------------------|---------------------------|----------|
| 1. | 1 Meymann, Jürgen | 73 Grün-Weiss Steinbeck | 01:15:32 |
| 2. | 103 Rolwes, Sven | 72 Team-Medcos | 01:23:37 |
| 3. | 139 Trenkamp, Markus | 72 Vitalis Damme | 01:24:04 |
| 4. | 141 Köll, Stefan | 71 LSF Natbergen | 01:25:10 |
| 5. | 80 Prösch, Lutz | 71 Belm | 01:28:41 |
| 6. | 184 Hohnstädt, Marcus | 73 MTV Jahn Barnstorf | 01:29:43 |
| 7. | 21 Richter, Ingo | 71 Ibbenbüren | 01:29:56 |
| 8. | 22 Lampe, Robert | 72 Ibbenbüren | 01:30:28 |
| 9. | 191 Anders, Maik | 73 SV Schinkel 04 | 01:35:02 |
| 10. | 52 Verlemann, Dirk | 73 DJK Gravenhorst | 01:37:58 |
| 11. | 174 Nospickel, Udo | 71 OKE Automotive Hörstel | 01:40:06 |
| 12. | 176 Knieper, Tino | 73 ohne | 01:43:47 |
| 13. | 18 Leugers, Norbert | 72 T-Mobile BSG | 01:49:40 |
| 14. | 181 Kunkemöller, Carsten | 73 Marathon Ibbenbüren | 01:51:26 |
| 15. | 4 Mc Culloch-Fietze, Heiko | 74 Osnabrück | 01:52:11 |
| 16. | 124 Lorenz, Stefan | 74 Dinslaken | 01:55:03 |

Seniorinnen W35 - Halbmarathon

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| | | | |
|-----|-------------------------|------------------------------|----------|
| 1. | 144 Samse, Anja | 66 Marathon-Club Menden | 01:32:17 |
| 2. | 60 Mellies, Susanne | 68 Team Laufen-OS.de | 01:40:02 |
| 3. | 204 Menebröcker, Karin | 67 TV-Hohne | 01:49:39 |
| 4. | 76 Lanwert, Ingrid | 68 SV Eintracht Neuenkirchen | 01:53:15 |
| 5. | 193 Schiller, Karin | 69 Molliball.de | 01:56:03 |
| 6. | 65 Brockmeyer, Gabriela | 67 Team Laufen-OS.de | 01:56:54 |
| 7. | 102 Heemann-Meser, Iris | 67 Grün-Weiss Steinbeck | 01:56:55 |
| 8. | 106 Wilke, Sonja | 68 SC Spelle-Venhaus | 01:57:51 |
| 9. | 91 Heidgress, Dorothe | 68 Heseper Rennschnecken | 02:03:03 |
| 10. | 17 Greiwe, Monika | 69 Münster | 02:04:55 |

Senioren M35 - Halbmarathon

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|----|---------------------|-----------------------------|----------|
| 1. | 50 Buchwald, Bernd | 67 Team Laufen-OS.de | 01:21:45 |
| 2. | 178 Licher, Eckhard | 68 VfL Kloster Oesede | 01:23:25 |
| 3. | 51 Geisler, Lars | 70 SV Schinkel 04 Osnabrück | 01:23:42 |
| 4. | 162 Ickert, Oliver | 67 VFL Kloster Oesede | 01:24:56 |

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| 5. 112 Gehling, Hubert | 67 Stadtlohn | 01:25:40 |
| 6. 154 Avermann, Jörg | 66 Blau-Weiss Hollage | 01:26:15 |
| 7. 25 Gilhaus, Ole | 67 LC Olympic Wiesbaden | 01:26:16 |
| 8. 166 Meyer, Jürgen | 68 TuS Haste 01 | 01:26:37 |
| 9. 164 Heimann, Michael | 66 ohne | 01:27:24 |
| 10. 71 Reichelt, Thorsten | 66 Team Laufen-OS.de | 01:28:24 |
| 11. 24 Kamp, Guido | 67 VFL Ahaus | 01:29:16 |
| 12. 149 Kahlmeyer, Dirk | 66 TV Georgsmarienhütte | 01:29:49 |
| 13. 170 Grewer, Theo | 66 OKE Automotive Hörstel | 01:30:55 |
| 14. 63 Brüwer, Uwe | 67 Elektro Langer | 01:31:23 |
| 15. 84 Kentsch, Stefan | 67 SV Wissingen | 01:32:04 |
| 16. 14 Willmann-Russ, Ingo | 66 SOMO 7 | 01:32:07 |
| 17. 16 Gerdes, Matthias | 69 SOMO 7 | 01:32:09 |
| 18. 3 Santel, Martin | 69 TC PWA Aschaffenburg-Da | 01:33:23 |
| 19. 187 Hock, Thomas | 66 Ibbenbüren | 01:33:52 |
| 20. 67 Schindler, Michael | 66 Ibbenbüren | 01:35:01 |
| 21. 40 Misch, Jörg | 70 VFL Eintracht Mettingen | 01:36:13 |
| 22. 186 Friedrich, Karsten | 70 BW Schinkel | 01:37:44 |
| 23. 151 Brewe, Markus | 70 TV Georgsmarienhütte | 01:38:31 |
| 24. 172 Holthaus, Oliver | 70 OKE Automotive Hörstel | 01:38:43 |
| 25. 196 Schneider, Markus | 66 Marathon Ibbenbüren | 01:38:47 |
| 26. 54 Weisker, Michael | 66 Hannover | 01:41:09 |
| 27. 116 Pagel, Joachim | 69 Bramsche | 01:42:00 |
| 28. 39 Voskuhl, Marc | 68 Köln | 01:44:00 |
| 29. 82 Cesig, Jörg | 67 Osnabrück | 01:46:33 |
| 30. 126 Schulz, Dieter | 68 SV Dickenberg | 01:48:40 |
| 31. 97 Dickmanken, Klaus | 69 Rheine | 01:51:35 |
| 32. 37 Hülsmann, Robert | 66 Grün-Weiss Steinbeck | 01:56:12 |
| 33. 173 Westhoff, Klaus | 67 OKE Automotive Hörstel | 01:59:17 |
| 34. 61 Wichmann, Axel | 69 Tri Team TUS Engter | 02:02:53 |
| 35. 194 Kuper, Ralf | 68 SV Ohrbeck | 02:03:10 |

Seniorinnen W40 - Halbmarathon

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| | | |
|---------------------------|------------------------------|----------|
| 1. 93 Rosner, Evelyn | 63 Osnabrücker SC | 01:42:44 |
| 2. 87 Buddruweit, Susanne | 65 Iserlohner Tri Team | 01:43:52 |
| 3. 209 Brügggen, Conny | 61 TriRun Ibbenbüren | 01:45:29 |
| 4. 197 Schiffmann, Beate | 63 Marathon Ibbenbüren | 01:52:22 |
| 5. 77 Klausung, Lille | 61 SV Eintracht Neuenkirchen | 01:57:10 |
| 6. 156 Lüttmann, Andrea | 63 Grün-Weiss Steinbeck | 01:57:21 |
| 7. 119 Gerhards, Karin | 64 SV Dickenberg | 02:05:38 |
| 8. 183 Wessel, Marion | 63 RC-Walk-On | 02:07:33 |

Senioren M40 - Halbmarathon

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|--------------------------------|---------------------------|----------|
| 1. 115 Igelbrink, Hans Peter | 63 VfI Kloster Oesede | 01:20:36 |
| 2. 165 Krone, Stephan | 65 TV Bissendorf-Holte | 01:23:24 |
| 3. 88 Buddruweit, Jörg | 65 Iserlohner Tri Team | 01:23:36 |
| 4. 94 Rasche, Prof. Dr. Christ | 65 ohne | 01:24:15 |
| 5. 27 Knollmann, Michael | 62 DJK Arminia Ibbenbüren | 01:26:30 |
| 6. 85 Wittling, Robert | 61 City-Squash Osnabrück | 01:26:51 |
| 7. 78 Kolkmeier, Martin | 63 LSF Natbergen | 01:26:56 |
| 8. 109 Wempe, Thomas | 62 OFV Ostercappeln | 01:27:41 |
| 9. 198 Uphoff, Peter | 65 TriRun Ibbenbüren | 01:27:42 |
| 10. 36 Gäbel, Martin | 65 Marathon Ibbenbüren | 01:28:26 |

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| 11. 206 Meyer, Andreas | 62 ohne | 01:28:51 |
| 12. 38 Leimkühler, Jürgen | 65 VfL Kloster Oesede | 01:29:07 |
| 13. 134 Drescher, Olaf | 64 Beactive-and-fit | 01:32:36 |
| 14. 86 Wessel, Karlheinz | 63 RC-Walk-On | 01:35:07 |
| 15. 33 Beckemper, Ingo | 64 Spvgg Brandlicht/Hestrup | 01:35:16 |
| 16. 189 Woestmann, Uwe | 64 Grün-Weiss Steinbeck | 01:36:03 |
| 17. 161 Hoffrogge, Dieter | 65 SC Spelle-Venhaus | 01:37:06 |
| 18. 125 Fudicar, Alexander | 64 SV Dickenberg | 01:38:07 |
| 19. 155 Dieckmann, Raimund | 63 Grün-Weiss Steinbeck | 01:40:10 |
| 20. 35 Stockherst, Jürgen | 63 FC Schüttof 09 | 01:40:31 |
| 21. 153 Stermann, Franz | 62 SV Halverde | 01:40:40 |
| 22. 12 Lammers, Detlev | 63 SOMO 7 | 01:44:21 |
| 23. 180 Gaul, Arno | 63 Münster | 01:44:43 |
| 24. 90 Püschel, Ralf | 63 Heseper Rennschnecken | 01:45:48 |
| 25. 10 Gausmann, Klaus | 61 Osnabrück | 01:46:04 |
| 26. 110 Volkert, Andreas | 62 ohne | 01:46:07 |
| 27. 69 Fertmann, Werner | 63 Münster | 01:48:59 |
| 28. 148 Reupert, Karsten | 63 Marathon Ibbenbüren | 01:49:29 |
| 29. 32 Pfister, Daniel | 64 Osnabrück | 01:49:33 |
| 30. 23 Nigbur, Frank | 63 Ibbenbüren | 01:49:43 |
| 31. 83 Streibelk, Stefan | 62 SC Hörstel | 01:51:55 |
| 32. 92 Heidgress, Holger | 63 Heseper Rennschnecken | 01:52:08 |
| 33. 75 Lanwert, Andreas | 62 SV Eintracht Neuenkirchen | 01:52:21 |
| 34. 68 Reinker, Herwat | 65 Ladbergen | 01:54:40 |
| 35. 62 Langer, Winni | 63 Elektro Langer | 01:54:41 |
| 36. 29 Frye, Walter | 62 Ibbenbüren | 01:54:49 |
| 37. 30 Gansfort, Hans-Uwe | 64 Rheine | 01:54:50 |
| 38. 73 Averbeck, Andreas | 62 Ladbergen | 01:56:02 |
| 39. 99 Schlickmann, Andreas | 63 LG Emsdetten | 01:56:31 |
| 40. 6 Krömker, Holger | 62 Melle | 01:57:30 |
| 41. 169 Helling, Dirk | 63 OKE Automotive Hörstel | 01:59:18 |
| 42. 132 Veerkamp, Ludger | 63 Etus-Rheine | 01:59:43 |
| 43. 136 Brockhaus, Thomas | 65 SG Elte(Tennis) | 02:02:12 |
| 44. 101 Niemann, Herbert | 63 SV Teuto Riesenbeck | 02:02:18 |
| 45. 133 Ebert, Klaus | 61 Etus-Rheine | 02:04:06 |

Seniorinnen W45 - Halbmarathon

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| 1. 59 Berkenbusch, Gisela | 57 DJK Adler 07 Bottrop | 01:53:17 |
| 2. 20 Gasinski, Elke | 59 Marathon Ibbenbüren | 01:59:48 |

Senioren M45 - Halbmarathon

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| 1. 117 Klingbeil, Heinz | 59 SV Teuto Riesenbeck | 01:21:02 |
| 2. 64 Siekmeyer, Uwe | 60 Team Laufen-OS.de | 01:23:53 |
| 3. 150 Frankenberg, Robert | 60 TV Georgsmarienhütte | 01:25:05 |
| 4. 146 Hanemann, Siegfried | 56 Marathon Ibbenbüren | 01:34:12 |
| 5. 143 Sutmöller, Hans-Dieter | 56 VfR Voxtrup | 01:34:35 |
| 6. 195 Elfring, Jürgen | 57 Marathon Ibbenbüren | 01:38:48 |
| 7. 26 Stallbörger, Reinhard | 57 SV Teuto Riesenbeck | 01:38:49 |
| 8. 185 Hohnstedt, Fritz | 58 MTV Jahn Barnstorf | 01:39:48 |
| 9. 114 Berghoff, Egbert | 56 SuS GW Amecke 1922 e.V | 01:40:43 |
| 10. 130 Striet, Hermann | 56 Etus-Rheine | 01:41:29 |
| 11. 70 Junker, Gerd | 56 TSV Wallenhorst | 01:41:50 |
| 12. 128 Klostermann, Guenter | 58 SC-Glandorf | 01:42:54 |

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| 13. | 13 Keller, Jürgen | 59 SOMO 7 | 01:44:20 |
| 14. | 19 Gawinski, Heinz | 56 Marathon Ibbenbüren | 01:44:44 |
| 15. | 131 Poggemann, Helmut | 59 Etus-Rheine | 01:44:56 |
| 16. | 74 Eversmeyer, Willi | 56 Team Laufen-OS.de | 01:47:57 |
| 17. | 120 Sante, Andreas | 59 SV Dickenberg | 01:48:51 |
| 18. | 31 Dittrich, Jürgen | 57 ETuS Rheine | 01:49:45 |
| 19. | 41 Leeker, Jürgen | 59 VFL Eintracht Mettingen | 01:54:08 |
| 20. | 190 Welslau, Johannes | 60 SV Schinkel 04 | 01:55:04 |
| 21. | 123 Gerhards, Martin | 60 SV Dickenberg | 01:55:33 |
| 22. | 11 Kipp, Reinhard | 58 SOMO 7 | 01:57:15 |
| 23. | 15 Lammers, Michael | 59 SOMO 7 | 01:57:17 |
| 24. | 167 Conen, Dieter | 59 ohne | 02:02:39 |
| 25. | 129 Vogedes, Rolf | 57 Etus-Rheine | 02:04:05 |
| 26. | 179 Kipp, Lothar | 59 Raspo Osnabrück | 02:04:08 |

Seniorinnen W50 - Halbmarathon

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| 1. | 159 Hesse, Heti | 55 TV-Hohne | 01:43:56 |
| 2. | 140 Jördens, Heidemarie | 55 Marathon Ibbenbüren | 01:50:32 |
| 1. | 152 Kalin, Detlef | 54 Marathon Ibbenbüren | 01:28:46 |
| 2. | 147 Schulte, Gerd | 51 Marathon Ibbenbüren | 01:29:51 |
| 3. | 158 Habeck, Bernhard | 55 Hagener Sportverein | 01:35:35 |
| 4. | 28 Hoppe, Carlo | 54 Marathon Ibbenbüren | 01:38:39 |
| 5. | 207 Schlüter, Ulrich | 52 SV Teuto Riesenbeck | 01:40:00 |
| 6. | 113 Meier, Hermann | 51 TV Gronau | 01:43:53 |
| 7. | 122 Raschke, Ludger | 53 SV Dickenberg | 01:51:33 |
| 8. | 199 Bednorz, Norbert | 55 SV Hopsten e.V. | 01:52:39 |
| 9. | 108 Altehülsing, Laurenz | 51 SC Spelle-Venhaus | 01:57:01 |
| 10. | 5 Hinz, Manfred | 51 TB Burgsteinfurt | 01:57:29 |
| 11. | 160 Otte, Matthias | 55 ohne | 02:10:48 |

Seniorinnen W55 - Halbmarathon

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| 1. | 107 Dieckmännken, Maria | 48 SC Spelle-Venhaus | 01:57:00 |
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Senioren M55 - Halbmarathon

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| 1. | 137 Dufils, Gerd | 48 Marathon Ibbenbüren | 01:31:43 |
| 2. | 135 Hüls, Franz-Josef | 49 TV-Gronau | 01:39:12 |
| 3. | 182 Högemann, Johann | 49 SV Holthausen-Biene | 01:44:42 |
| 4. | 188 Raves, Hans-Werner | 47 TV Friesen Telgte | 01:51:34 |
| 5. | 105 Klingal, Rolf | 47 SC Spelle-Venhaus | 01:57:52 |

Senioren M60 - Halbmarathon

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| 1. | 177 Wollenweber, Willi | 43 TV-Gronau | 01:42:26 |
| 2. | 9 Müller, Rolf | 44 LG Plettenberg | 01:47:21 |

Senioren M65 - Halbmarathon

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| 1. | 138 Friedrich, Ekkehardt | 37 Team Laufen-OS.de | 01:43:36 |
| 2. | 34 Bettenbühl, Johannes | 40 LV Oelde | 02:00:01 |

Senioren M70 - Halbmarathon

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| 1. | 98 Ungemavh, Andreas | 33 Team Laufen-OS.de | 01:56:15 |
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